

April 2025

A Monthly Newsletter by Feeding Greene



April News

A Note from Our Director: The first quarter of 2025 proved to be very challenging with snow, ice, and winter illnesses. These things very much impacted our numbers and our ability to do business as normal as schools and local services were interrupted. We did have to close one day due to the weather and we spent a part of one morning serving with no electricity!!

- **Backpack Program** – We are in good shape to finish out the 24-25 school year with our current supply of food. Our new pallet racks are in place and well stocked. It is making a huge difference. BRAFB has been offering “School Break Boxes” during Christmas Break and Spring Break (400 boxes).
- **Home Delivery Program**- Home deliveries are now being made from 3-6pm instead of the mornings. Blue Ridge School Boys and a few new volunteers are helping make this transition as smooth as possible. We will continue to deliver on the 1st and 3rd Wed of each month.
- **Client Choice Program**- We received an average of 48 new families/month during 2024 and the trend does not appear to be slowing down. We are looking more like “supplemental” as opposed to a “free grocery store”. FAMILIES REMAIN APPRECIATIVE AND NEEDS ARE BEING MET!!!

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Feeding Greene
Inc-The Food
Pantry of Greene
County VA

Thank You

We would like to thank everyone who made Feeding Greene Inc-The Food Pantry of Greene County benefit fundraiser a huge success Saturday night, March 29th. We would like to thank our hosts Blue Ridge Cafe & Catering Co., the staff, SILVER CREEK Band, and their managing team.

We also want to thank our event sponsors for supporting us for this event: Advance Mills Encapsulation & Pest Control, Batten Funeral Services, Hunters Heating & Cooling, Julie Ballard-Realtor Nest Realty, KW Gallihugh Construction, PJ Networks, Sisters Attic and Tommy's Auto Glass. Our silent auction donors provided some great gifts and we are very appreciative: Anonymous Donor, Candy Meade- Mary Kay Rep, J & J Antiques, Lonnie Tuthill Woodwork, Memories by Robyn Photography, Painters Alley, Pam Lawson and Rummage 33.

Last but NOT least we want to thank each person who attended this event to make this such a great success. Without you all this could not have been possible. We hope to see you all at our future events



Hello gardeners!! We know you're excited it's PLANTING TIME!! What if every gardener planted just one extra plant to share?


One small donation can have a tremendous impact. Just imagine, if every gardener planted one extra plant to share, collectively, we would have an abundant source of fresh, healthy produce available to be distributed to families experiencing food insecurity in our own communities!

(The following information comes from Fresh Food Connect website. Use this link to find out more:

<https://www.freshfoodconnect.org/blog/producetogrowanddonate/>

What type of produce should gardeners grow and donate?

"We asked our hunger relief organization partners to tell us more about the type of produce that their communities request. Based on the responses, we compiled a list of the most requested fruits and vegetables, located below. We also encourage you to contact your local operator to ask them directly what they would like to see donated. Please keep in mind, our partners are overwhelmingly appreciative to get any and all produce. We hope you are inspired by this list to plant something new or grow a little extra to donate in your community."



1.	Tomatoes
2.	Peppers
3.	Onion
4.	Lettuce
5.	Carrots
6.	Garlic
7.	Fruit
8.	Herbs
9.	Greens
10.	Citrus
11.	Cabbage
12.	Cucumber
13.	Tomatillo
14.	Melon
15.	All kinds of beans



Nourish is the Family Nutrition Program's digital education page that was launched late last year. It is updated monthly. While it is geared toward folks who visit the food pantry, most topics covered (other than accessing benefits) can be useful for most folks regardless of income status. The link for the page is below.

[https://eatsmartmovemoreva.org/nourish/little bit of](https://eatsmartmovemoreva.org/nourish/little%20bit%20of)



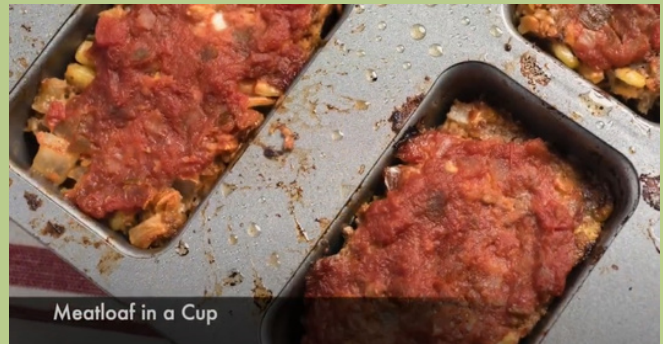
Recipe of the Month



Build Your Own Dinner in a Cup

Dinner cups are kid friendly, perfectly portioned, and easy to take on the go. The best part? No recipe needed! With 5 simple steps, you and your family can have an easy and fun meal.

To find this recipe, along with many other "Build Your Own" recipes, visit the Nourish website at this link: <https://eatsmartmovemoreva.org/build-your-own-recipes/>



https://youtu.be/_bBXUmogQHE?si=Flmch17tuJv405r

Sentara No Cost Farm Stand



Sentara
Sentara Martha Jefferson Hospital

**No-cost farm stand:
Local, fresh,
and free**

Location: Feeding Greene
Dates: April 24, May 22, June 26, and July 24



The Sentara No Cost Farm Stand will be set up at Feeding Greene located at 81 Main Street in Stanardsville at 5:00 PM on these dates:



**Thursday, April 24
Thursday, May 22
Thursday, June 26
Thursday, July 24**



Each free fresh farm stand aims to provide farm-fresh produce, meat, and cheese for 150 families of four. Registered nurses onsite conduct free health checks, A1C blood sugar tests, and blood pressure screenings, as well as other health information.

April is National Volunteer Month!

Attention individuals, businesses, organizations, clubs and churches!! Volunteering at Feeding Greene is an experience that can teach you many valuable lessons. From teamwork and empathy to hard work and gratitude, the skills you learn while being a food pantry volunteer can carry over into other areas of your life.

If you have the opportunity to become a Feeding Greene volunteer, we highly encourage you to do so. We are always looking for people who want to help out. Whether it is a regularly scheduled time each week or simply filling in for a couple hours one day, we appreciate your time and commitment to helping others. Not only will you be making a difference in your community, but you will also be growing as a person. Visit our website to get connected:



<https://www.feedinggreeneinc.org/volunteer.html>



Why We Volunteer



Meet Peggy and Ila!! They've been friends for 57+ years!! There are so many joys they love to share: shopping, going out to eat, gospel singing, church activities including Women's Bible studies AND volunteering at Feeding Greene!! Volunteering with a friend brings joy to their friendship along with the joy they share with those they help!! What a WIN for EVERYONE!



\$10 a month would feed a child a nutritious breakfast for one month.	\$25 a month would feed a family of 4 for one week.	\$50 a month would feed a senior couple for one month.	\$100 a month would feed 100 children in our Backpack Program for an entire month.
\$10	\$25	\$50	\$100

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